

# SNAP MENU

236-6345

MARCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>NOTE: MENU ITEMS ARE SUBJECT TO CHANGE</b></p>				
<p>6 Chicken &amp; Dumplings Green Peas with Red Peppers Greens Cornbread Ambrosia Cup</p>	<p>7 Chili Verde with Pork Fluffy Rice Green Beans Tortilla Mixed Berry Parfait</p>	<p>1 BBQ Beef on a Bun Baked Steak Fries Pineapple Coleslaw Wheat Roll Cherry Cobbler</p>	<p>2 Hawaiian Chicken Fluffy Rice Lemon Broccoli Hawaiian Dinner Roll Pumpkin Cookie</p>	<p>3 Roast Turkey Squash Casserole Carrots with Lemon &amp; Parsley Wheat Bread Orange Bavarian Gelatin</p>
<p>13 Braised Pork Chop Candied Sweet Potatoes Cauliflower Wheat Roll Cherry Fluff</p>	<p>14 Lasagna Buttered Corn Italian Vegetables Wheat Roll Snickerdoodle Cookie</p>	<p>8 Chicken A La Orange Green Peas Spiced Carrots Romaine Salad Wheat Bread Fruited Cherry Gelatin</p>	<p>9 Meatloaf with Brown Gravy Mashed Potatoes Squash Medley Wheat Bread Banana Pudding with Wafers</p>	<p>10 Beef Enchiladas Spanish Rice Seasoned Pinto Beans Tossed Salad Mango Chunks</p>
<p>20 <b>CLOSED FOR PRESIDENT'S DAY</b> Boxed Meals for Home Delivery on 03/16/2023</p>	<p>15 Pork Roast Sautéed Potatoes &amp; Onions Spinach Cornbread Frosted Spice Cake</p>	<p>21 Chicken Parmesan Pasta with Sauce Steamed Broccoli Garlic Bread Sidekick Ice Fruit Cup</p>	<p>16 Chicken Fajitas Pinto Beans Salsa Mexican Corn Fresh Apples</p>	<p>17 Stuffed Cabbage Casserole Mashed Potatoes Green Beans Wheat Roll Rosy Pears</p>
<p>27 BBQ Chicken Breast Mashed Potatoes with Cream Gravy Green Beans Wheat Bread Chunky Fruit Medley</p>	<p>21 Beef Stir Fry with Broccoli Rice Pilaf Oriental Vegetables Wheat Bread Orange Zephyr Whip</p>	<p>22 Beef Stew Carrots Wheat Roll Hot Spiced Apples</p>	<p>23 Smothered Pork Tips Rice Pilaf Italian Green Beans Wheat Roll Pumpkin Spice Blondies</p>	<p>24 Crunchy Baked Fish Butter Beans Greens Cornbread Fresh Fruit Cup</p>
	<p>28 Beef Stir Fry with Broccoli Rice Pilaf Oriental Vegetables Wheat Bread Orange Zephyr Whip</p>	<p>29 Pulled Pork on a Bun Baked Beans Herbed Corn Onion Slices Fresh Oranges</p>	<p>30 Crunchy Fish Savory Carrots Wheat Bread Apple Brown Betty</p>	<p>31 Beef Tips with Gravy Egg Noodles Spinach Wheat Bread Vanilla Berry Pudding</p>

# SNAP ACTIVITIES

236-6345

MARCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>NOTE: GAME ROOM OPEN DAILY FROM 8:00 TO 4:00 FOR CARDS, DOMINOS, POOL</b></p>				
<p><b>6</b> National Oreo Day – Oreo Games Exercise @ 12:30</p>	<p><b>7</b> National Be Heard Day – Everyone Be Loud Matter of Balance 2:00 – 4:00</p>	<p><b>1</b> Peanut Butter Day Bingo @ 10:30 Exercise @ 12:30</p>	<p><b>2</b> Texas Independence Day – Wear Western Wear Matter of Balance 2:00 – 4:00</p>	<p><b>3</b> I Want To Be Happy Day Exercise @ 12:30</p>
<p><b>13</b> Plant A Seed Exercise @ 12:30</p>	<p><b>14</b> Country Rose @ 10:30 National Potato Chip Day</p>	<p><b>15</b> Bingo @ 10:30 Exercise @ 12:30</p>	<p><b>16</b> Corn Dog Day Matter of Balance 2:00 – 4:00</p>	<p><b>17</b> St. Patrick's Day – Wear something green. Green Punch @ Lunch Games @ 12:30</p>
<p><b>20</b> Celebrate Spring – First Day of Spring Exercise @ 12:30</p>	<p><b>21</b> Sally McCluskey and Sue Brazelton – Colorectal Cancer Awareness All Things French Day: French Bread Day Moustache Day</p>	<p><b>22</b> National Goof Off Day Blood Pressure Clinic @ 12:30 Exercise will follow Blood Pressure Clinic</p>	<p><b>23</b> Popcorn Day</p>	<p><b>24</b> FREE DAY – Daily participants choose an activity Exercise @ 12:30</p>
<p><b>27</b> Speed Game Exercise @ 12:30</p>	<p><b>28</b></p>	<p><b>29</b> National Vietnam Veteran Day Bingo @ 10:30 Exercise @ 12:30</p>	<p><b>30</b> Take A Walk in the Park Day</p>	<p><b>31</b> Birthday Party @ 12:30 Exercise @ 12:30</p>
<p>March is: Colorectal Cancer Awareness Month National Nutrition Month National Kidney Month</p>				